The Common Sense Book of Baby and Child Care written by Benjamin Spock, is a manual on infant and child care first published in 1946 almost instantly, selling 500,000 copies in its first six months. By Spock's death in 1998, over 50 million copies of the book had been sold, making it the best-selling book of the twentieth century in America, aside from the Bible. As of 2011, the book had been translated into 39 languages.

Spock and his manual helped revolutionize child-rearing methods for the post-World War II generation. Mothers heavily relied on Spock's advice and appreciated his friendly, reassuring tone. Spock emphasizes in his book that, above all, parents should have confidence in their abilities and trust their instincts. The famous first line of the book reads, "Trust yourself. You know more than you think you do."

HISTORY

CHILD CARE BEFORE SPOCK
Although Spock's reputation has changed over time, Spock continued to be a leading authority on child care until his death. In 1990, Spock's optimistic book reflects the hopefulness of the post-war period and society's focus on children. Because post-war ... give children more opportunities, parents became more concerned with providing the best for their children. At the same

children.

Baby and Child Care

likely result in nutritional deficiencies for children unless carefully planned.

Near the end of his life, Spock's changing ideas on nutrition were reflected in the seventh edition of his book, where he advocated a

because they had been brought up by

and instead very empathetic towards mothers, acknowledging how tiresome child care can be.

In the seventh edition, Spock endorses a low-fat, plant-based diet for children due to rising trends in obesity and Spock's own switch to a

pediatrician had proven to him that parents' instincts were usually best.

In the second edition, Spock emphasizes in several new chapters the importance of "firm but gentle" control of children. Spock clarifies in his manual that while parents should respect their children, they also must ask for respect in return.

and instead very empathetic towards mothers, acknowledging how tiresome child care can be.

In the seventh edition, Spock endorses a low-fat, plant-based diet for children due to rising trends in obesity and Spock's own switch to a

REVISED EDITIONS

During Spock's lifetime, seven editions of his book were published. Several co-authors have helped revise the book since the fifth edition. Since Spock's death in 1998, the eighth edition was published. The Common Sense Book of Baby and Child Care is arranged by topics corresponding to the child's age, ranging from infancy to teenage years. Drawn from his career as a pediatrician, Spock's advice is comprehensive, dealing with topics such as preparing for the baby, toilet training, school, illnesses, and "special problems" like 'separated parents' and 'the fatherless child'.

Unlike leading child care experts prior to the 1940s, Spock supports flexibility in child-rearing, advising parents to treat each child as an individual. Drawing on his extensive knowledge of children at each stage of growth, allowing parents to make their own decisions about how to raise their children. For example, Spock has an entire chapter explaining that babies at this age like to explore the world around them. He then suggests ways to arrange the house and prevent accidents with a "wandering baby.

Spock emphasized that ultimately, the parents' "natural loving care" for their children is most important. He reminds parents to have confidence in their abilities a pediatrician had proven to him that parents' instincts were usually best.

REACTON

Within a year of being published, The Common Sense Book of Baby and Child Care had sold well 750,000 copies, mostly by word-of-mouth advertising. Mothers appr

and instead very empathetic towards mothers, acknowledging how tiresome child care can be. Although he believed that much of a child's personality and behavior

and instead very empathetic towards mothers, acknowledging how tiresome child care can be. [3] Although he believed that much of a child's personality and behavior

and instead very empathetic towards mothers, acknowledging how tiresome child care can be. Although he believed that much of a child's personality and behavior

Although Spock's reputation has changed over time, Spock continued to be a leading authority on child care until his death. In 1990, Spock's optimistic book reflects the hopefulness of the post-war period and society's focus on children. Because post-war affluence helped parents give children more opportunities, parents became more

time, the widespread move to the suburbs broke up families, increasing parents' reliance on experts' advice over grandparents' advice.

Although Spock's reputation has changed over time, Spock continued to be a leading authority on child care until his death. In 1990, Spock's optimistic book reflects the hopefulness of the post-war period and society's focus on children. Because post-war affluence helped parents give children more opportunities, parents became more

time, the widespread move to the suburbs broke up families, increasing parents' reliance on experts' advice over grandparents' advice.

Although Spock's reputation has changed over time, Spock continued to be a leading authority on child care until his death. In 1990, Spock's optimistic book reflects the hopefulness of the post-war period and society's focus on children. Because post-war affluence helped parents give children more opportunities, parents became more

time, the widespread move to the suburbs broke up families, increasing parents' reliance on experts' advice over grandparents' advice.
Parenting
### Techniques
- Co-sleeping
- Homeschooling
- Latchkey kid
- Parent Management Training
- Play (date)
- Role model
- Spoiled child
- Television
- Toy (educational)

### Discipline
- Blanket training
- Corporal punishment in the home
- Curfew
- Grounding
- Tactical ignoring
- Time-out
- Child abandonment
- Child abuse
- Child labour
- Child neglect
- Cinderella effect
- Incest
- Narcissistic parent
- Parental abuse by children
- Parental alienation

### Abuse
- Child support
- Cost of raising a child
- Marriage
- Parental responsibility
- Deadbeat parent
- Paternity
- Disownment

### Legal and Social Aspects
- Child support
- Cost of raising a child
- Marriage
- Parental responsibility
- Deadbeat parent
- Paternity
- Disownment

### Experts
- Tanya Byron
- Rudolf Dreikurs
- David Elkind
- Jo Frost
- Haim Ginott
- Thomas Gordon
- Alan E. Kazdin
- Truby King
- Annette Lareau
- Penelope Leach
- Madeline LeVine
- William Sears
- B. F. Skinner
- Benjamin Spock
(often referred to simply as Baby and Child Care), written by Dr. Benjamin Spock, was first published on 14 July 1946, and is one of the biggest best sellers of all time. By 1998, it had sold more than 50 million copies. In its most general sense, discipline refers to systematic instruction given to a child. Wikipedia. The Young and the Restless minor characters – The following are characters from the American soap opera The Young and the Restless who are notable for their actions or relationships, but who do not warrant their own articles. Wikipedia. The Last Puritan – The Last Puritan: A Memoir in the Form of a Novel was written by the American philosopher George Santayana. The groundbreaking American childcare manual urged parents to trust themselves, but was also accused of being the source of postwar 'permissiveness'. Spock also projects a seductive, aw-shucks pragmatism on every page of Baby and Child Care. He insists his is not the last word, that mothers and fathers always know best and that "natural loving care" is the only way to go. Spock is also profoundly American in outlook. "Your baby is born to be a reasonable, friendly human being," he writes, in words that could have been written by Thomas Jefferson or Benjamin Franklin. Later, reflecting Enlightenment thought, he would argue quite passionately that the growing child is fundamentally and naturally good, sensible, joyful and healthy.
Baby and Child Care book. Read 155 reviews from the world's largest community for readers. Over 50 million copies in print! The classic that continues to... Dr. Spock always gave common sense advice. The reference guide to symptoms in the back was invaluable more than once in answering the huge question every new parent has -- it is 2:00 in the morning - "should I call the doctor for this, or can it wait until morning?" flag 5 likes. Like. see review.